



White Cloud Health Center

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**** NOTICE ****

Dear Iowa Tribal Community and White Cloud Health Center Patients:

As we are all aware, the COVID-19 or the Coronavirus has become a growing concern across the United States. The WCHC medical team and administration is monitoring the situation and will provide updated information for prevention and details about the virus as it becomes available.

Right now, the Centers for Disease Control recommends using the same prevention measures used for the Flu to prevent the spread of COVID-19.

- Avoid close contact with people who are sick.
- Stay home when you are sick.
- Cover your mouth and nose when sneezing or coughing.
- Wash your hands with soap and water.
- Avoid touching your eyes, nose, and mouth.
- Get proper rest, drink plenty of liquids, eat health foods, and maintain physical activity.
- Clean and disinfect surfaces at home, work, and school.

WCHC Patient registration will ask patients if they have traveled to the affected areas within the past 30 days. If you have traveled to these areas, please wear a mask during your visit to WCHC.

Thank you.

White Cloud Health Center Administration