

First Class

Iowa Tribe of Kansas & Nebraska

3345 B Thrasher Road

White Cloud, KS 66094



2012

NEWSLETTER



1st Edition

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Dear Tribal Members,

This is the 2012 First Edition Iowa Tribal Newsletter.

We have been very busy since the last election. Listed below are some of the important projects that we have been working on:

Updating Policies & Procedures

Iowa Tribal Website

Updating Tribal Codes

Land in Trust Matters

Tribal Constitution & By- Laws

Broadband Internet Services

Tribal Learning Center Remodel

Grain Storage Facility

Community Center (ICDBG)

Sale of Squaw Creek Eagles Nest Truck Plaza

Erosion Issues with the Water System

Upcoming events to be watching for are the 25th Annual Chief White Cloud Rodeo which will held June 29 & 30, 2012, Demo Derby Saturday September 1, 2012 and the Pow Wow which will be held September 14, 15, 16 2012.

It has been a pleasure serving the Iowa Tribal Members. I am looking forward to seeing you at the next General Council Meeting.

I hope that you enjoy this edition of the newsletter and as always, please feel free to contact me at 785-595-3258.

Sincerely,



Timothy N. Rhodd, Chairman

Iowa Tribe of Kansas and Nebraska

Higher Education Spring 2012

The following students have been approved for the Higher Education Program for the Spring 2012 semester. They meet all program requirements and we would like to congratulate them.

Britni Beck	Kansas State University
Olivia Brien	Oklahoma City University
Cherith Campbell	Mid-America Nazarene University
Emily Campbell	Peru State College
Anna Carter	University of Missouri Columbia
Whitney Ebke	University of Nebraska Lincoln
Jessica Fisher	Missouri Western State University
Marie Holman	Nebraska Methodist College
Michael Kelley	Missouri Western State University
Anthony Mendez	Haskell Indian Nations University
Jessica Mendez	Washburn University
Alex Merchant	Rose-Hulman Institute of Technology
Jamie Milam	Peru State College
Andrea Popken	Texas A&M University
Hanna Roland	Northwest Missouri State University
Amber Sanford	Graceland University
Amy Simmonds	Iowa State University
Nakia Simmonds	Highland Community College
Angie Soden	University of Kansas
Travis Waggoner	Peru State College
Mary Williams	Colorado Technical University
Amilia Winter	University of Kansas

Higher Education Program Reminder

To be eligible for the Higher Education Program you must be an enrolled member of the Iowa Tribe of Kansas and Nebraska, be a full time student obtaining a bachelor's degree and have a financial need determined by the Financial Aid Office of the school you will be attending. The Higher Education Program admits 10-15 students a year depending on funding. First priority will go to the students who have been previously awarded. After this, the priority will be based on the date the application was completed. **Applications are due June 1st for the fall semester.** Applications for the spring semester are due January 15th. **(Please note: Admission for the spring semester is limited)**

If you have any questions or concerns please contact Kelli Cheek, the Higher Education Program director at 785-595-3258 or kcheek@iowas.org.

Adult Education Program 2011

The Adult Education Program is a federally funded contract between the Iowa Tribe of Kansas and Nebraska and the Bureau of Indian Affairs. Adult Education grants will be available for: tuition, fees, workshop registration fees, travel to training location, books, and GED exam fees. Eligibility criteria to be followed as: (1) must be an enrolled member of the Iowa Tribe of Kansas and Nebraska; (2) must be at least 16 years of age or older, and may not already be enrolled in a formal education program; (3) must submit a letter in writing stating why grant is needed for adult education and how it will be used; (4) must complete an Adult Education Program application; (5) must submit verification of class attending, workshop attending, etc., showing when it will be held, subject duration and what costs will be involved.; and (6) applicant must on or near the service area of the Tribe. The following tribal members received funding in 2011 for purposes of Employment Enrichment.

Brenda Lunsford

Ashley Jacobs

Cindy Kelly

CASINO WHITE CLOUD

Please congratulate the following 2011 employees of the month:

January	Doloris Young	Bingo
February	Elmer Randall	Security
March	Pam Fessler	Bingo
April	Mary Miller	Players Club
May	Lindsey Gormley	Accounting
June	Kevin Solomon	Food & Beverage
July	Lindsey Gormley	Accounting
August	Michelle Stevens	Food & Beverage
September	Dale Davis	Slots
October	Debbie Field	Maintenance
November	Cynthia Davis	Maintenance
December	Cynthia Simmons	Food & Beverage

Please congratulate the following for 13+ years of dedicated service to Casino White Cloud and to the Iowa Tribe of Kansas & Nebraska:

Chris Morey	Slot Manager	05/06/1998
Cindy Campbell	Cage Manager	05/11/1998
Victor Fee	Security Manager	02/01/1990
Jolene Anderson	Marketing Manager	05/13/1998
John Lear	Security Supervisor	05/13/1998
Terry Simmonds	MIS	05/13/1998
Cheryl Miller	Security Officer	06/13/1998
Debbie Roberts	Controller	08/07/1998
Lois Elrod	Security Officer	12/03/1998
Sandy Oswald	Cage Supervisor	12/03/1998
Debbie Simmonds	Guest Services	12/10/1998
Hank Beck	Facilities Manager	12/14/1998
Edna Coonce	Bingo Dual Rate Supervisor	12/14/1998
Julie Davis	Food & Beverage Manager	09/01/1995
Rhonda Keller	Security Supervisor	12/14/1998
Mike Frederick	General Manager	08/01/1994
Polly Koelzer	Bingo Manager	05/11/1998
Robbie Keller	Slot Supervisor	11/30/1998
Mike Keller	Surveillance Observer	11/30/1998

Casino White Cloud is currently moving into our 13th year of business. We now have over 380 slot machines, with virtual table games and live table games. Our monthly promotions rotate with cash drawings, promo cash drawings, and prize drawings. We want to maintain our loyal customers by providing them with the best rewards program in the area and guest service that is second to none. New players club members sign up daily and we instruct them on how they will benefit by becoming an active member. Casino White Cloud's main objective is "outstanding customer service". Customer service is all about making our customers feel welcome and providing entertainment on each and every visit. With new promotions monthly, our goal is to keep our customers coming back for more.

CASINO

NEWS

Tribes Commemorate Kansas 150th with Governor Brownback

On Wednesday November 16th Kansas Governor Sam Brownback and the Kansas Historical Society joined by the leaders of the Iowa Tribe of Kansas and Nebraska, Kickapoo Tribe, Potawatomi Tribe, Sac and Fox tribe, and the Kaw Nation in commemorating the sequicentennial of Kansas state hood at the Kansas Historical Society.

This event included a welcome from Chris Howell, executive director for the Kansas Native American Affairs Office, followed by the posting of the colors by Prairie Band Post 410 Color Guard. Jennie Chinn, executive director of the Kansas Historical Society, with the remarks about Kansas 150 events. Govenor Brownback will speak and present an American Bison from the state herd to each of the five tribes.



General Council Meeting

Tribal Business Meeting

May 19, 2012 @ 1:00 P.M.

George Ogden Building

3345 B Thrasher Road

White Cloud, Kansas 66094



**Iowa Tribe of Kansas and Nebraska
Julie Bauman Audit Report**



**Casino White Cloud
Clifton Larsen Allen Audit Report**

2011/2012 Iowa Tribal Member Obituaries

Donna Jean Lape, 77, Falls City, NE passed away on August 14, 2011. The daughter of Joseph DeRoin and Opal Dilldine, she was born on January 21, 1934, in Kansas City, Missouri.

Louis William DeRoin, 91, Falls City, NE passed away on September 30, 2011. The son of Louis DeRoin and Cora Dunn, he was born on April 19, 1920, in White Cloud, Kansas.

Thomas Edwin Sponamore, 83, Topeka, KS passed away on December 3, 2011. The son of Benjamin Sponamore and Elva Sherwood, he was born on May 28, 1928, in Ponca City, Oklahoma.

Joshua E Whitley, 31, San Diego, CA passed away on December 6, 2011. The son of Randolph Lisman and Bonny Biederman, he was born on August 12, 1980 in Oregon.

Franklin Roberts, 62, Carrollton, TX passed away on November 19, 2011. The son of Cecil Roberts and Regina Rhodd, he was born on July 2, 1949, in White Cloud, Kansas. He graduated from Hiawatha High School in 1967. He joined the Marine Corps serving in the Vietnam War. He retired from FDIC. He was preceded in death by his mother Regina B. Jensen; father, Cecil W. Roberts; half-brother, James Coulter; grandparents, Henry and Mary Rhodd, and Arthur and Georgia Roberts. Surviving are three daughters Becky Roberts, Jennifer (Chris) Snow, and Sarah (Chris) Alexandra who lived with and cared for him this past year; a grandson and granddaughter; a sister, Judy (Tony) Curtis, three brothers, Henry (Vickie) Roberts, Robert (Debbie) Roberts, William M. Jensen, one aunt Ruby and Jim Chambers and several nieces and nephews and cousins. Cremation took place in Carrollton Texas. Private graveside services were held at the Partlow Cemetery on the Iowa Reservation. Those officiating at his service were brother-in-law Tony Curtis, drum services by Duane Scates, and the Iowa Tribal Honor Guard.

John Nelson Foster Jr., 28, Diamond Bar, California passed away on December 8, 2011. The son of John Foster Sr. and Stephanie Kristufek, he was born on September 19, 1983 in California.

2011/2012 Iowa Tribal Member Obituaries

Mia Scates and Sage Scates

Twins were born to Nathaniel Scates and Stephanie McClure at Stormont Vail Hospital in Topeka, Kansas.

Mia Juliana was born October 1, 2011 and passed away October 1, 2011. Sage Nathaniel was born October 4, 2011 and passed away October 4, 2011.

Survivors of the twins are their parents Nathaniel Scates and Stephanie McClure, two sisters; Anna and Lilly Scates of Hiawatha, Uncle Matt Scates of White Cloud, two aunts; Danae (Scates) Simmonds of White Cloud; Andrea Scates of Falls City, Nebraska. Great Uncle Kelly McClure of Mayetta, Kansas and many other relatives.

The paternal grandparents are Duane and Melinda Scates of White Cloud, Kansas. Great grandparents are Louwane Gaile Reed of White Cloud, Kansas and Duane and Eleanor Scates of Richmond, Kansas and the late Will Herman Ogden Sr. and Opal Penny Rhodd.

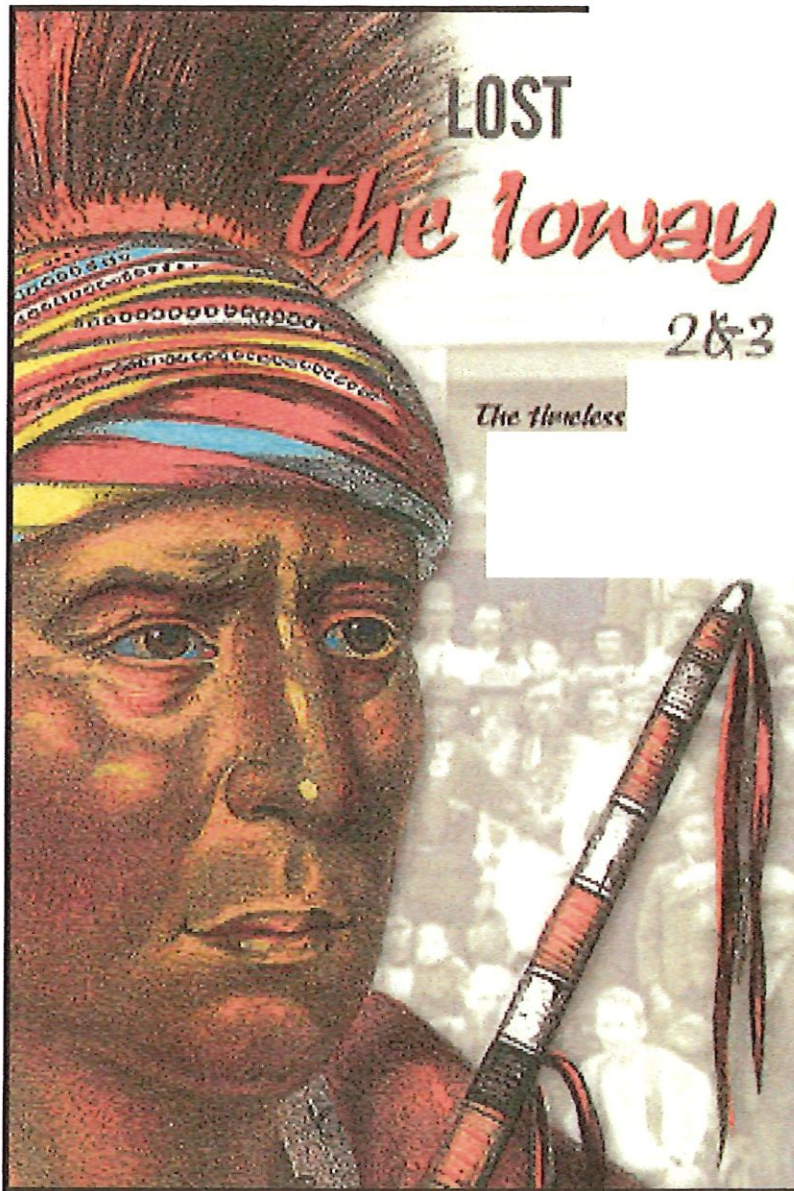
The maternal grandparents are Brenda McClure of Mayetta, Kansas. Great grandparents are Carsie McClure of Mayetta, Kansas and the late Elmira McClure.

Services were held October 6, 2011 at the Iowa Tribal Pow Wow Grounds at 3:00 PM. Meal followed at the George Ogden Building.

A ttebekwe was held at the Sunset on the Praire Band Patawatomi dance grounds in Mayetta, Kansas. Burial services were held October 7, 2011 in Mayetta, Kansas.

National Parks Service approves the Iowa Tribe of Kansas and Nebraska to assume SHPO functions

The Director of the National Parks Service has formally approved the proposal of the Iowa Tribe of Kansas and Nebraska to assume certain Historic Preservation Officer duties within the tribe's reservation and trust lands in Kansas and Nebraska. The tribe has assumed formal responsibility for review of Federal undertakings pursuant to Section 106 of the National Preservation Act. In addition, the tribe has assumed all of the other SHPO functions set out in the Act with the Investment Tax Credit rehabilitation projects. The Tribe's Historic Preservation Officer is Mr. Allan Kelley.



NATION

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**An Invitation to Tribal Elders
 & Members of the Iowa Tribe
 of Kansas and Nebraska**

**Saturday, April 21, 2012
 1 :00 p.m. - 5:00 p.m.**

George Ogden Building

We are completing work on "Lost Nation: The loway 2&3" and we invite those interested to stop by to share stories on camera with us. We can also scan your photos, archival materials or cultural items while you wait. We look forward to talking with you!

With gratitude,

Kelly & Tammy Rundle

Documentary Filmmakers

Lost Nation: The loway 1, 2 & 3

The story of the loway people continues where the award-winning *Lost Nation: The loway* left off in two new one-hour documentary films.

Lost Nation: The loway 2&3 will be released in November 2012 for National Native American Heritage Month.

www.lowayMovie.com

Vandalizing cultural sites on public lands may land you in court

Omaha, Neb. – Archaeological resources on public lands are an irreplaceable part of our nation's heritage and, increasingly, law enforcement and courts are stepping up their response to those who abuse items of cultural value.

For example last fall, the U.S. District Court of South Dakota assessed a heavy fine in a case involving a misdemeanor violation of the Archaeological Resources Protection Act (ARPA). The individual who was prosecuted was ordered to pay a \$617.74 fine; \$4,382.26 in restitution; a \$25 special assessment and to forfeit 710 archaeological resources.

Crimes like the case in South Dakota may be spurred on by the commercial attractiveness of these cultural items. Federal laws such as ARPA prohibit the damage or removal of any material remains of past human life or activities which are of archaeological interest. The purpose of ARPA is to protect archaeological resources and sites located on Federal and Tribal lands. It is illegal to sell or knowingly purchase these items. Penalties for the destruction of these resources include: fines, forfeiture of artifacts and equipment used in the commission of the crime, imprisonment and monetary restitution for damages to sites.

U.S. Army Corps of Engineers, Omaha District investigations usually begin with a call to the district's cultural resource hotline (1-866-No-SWIPE (1-866-667-9473)). Callers can anonymously report illegal activity, including vandalism, looting, digging or sale of artifacts that may have been obtained illegally from federal or Indian lands.

The Omaha District and the U.S. Fish and Wildlife Service have entered into a partnership designed to enhance the investigation and prosecution of these cases. Personnel from both agencies work closely with Tribal, State and local law enforcement agencies to pursue criminal charges on incidents that take place on public lands administered by the Corps. As a direct result of this partnership, recent investigations in North and South Dakota have resulted in four felony convictions and seven misdemeanor convictions under ARPA, with sentences resulting in fines exceeding \$33,000, two terms in Federal prison – one for 8 months and another for 10 months, over 80 months of probation and one 6 month term of home confinement.

The public is reminded that archaeological, cultural, historic, and burial sites along the Missouri River are important resources to all Americans, both now and in the future. The Omaha District is dedicated to protecting and preserving these resources and cooperatively works with Federal, Tribal, State and local law enforcement authorities to that end.

The Corps asks the public to help preserve these resources by leaving these sites undisturbed and contacting the Corps' toll free number 1-866-No-SWIPE (1-866-667-9473) to report people illegally collecting artifacts. Investigations begin as soon as an incident is identified.

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HOUSING AUTHORITY OF THE IOWA TRIBE

P.O. Box 68

White Cloud, Kansas 66094

Dear Tribal Members,

Hope everyone has had a good winter. We are working on a new funding source to provide Tribal Members with another opportunity to purchase homes outside of the service area. This will also include the service area but it is a better opportunity for those who are not in it.

We are working with the Department of Housing and Urban Development on what is called Section 184 Indian Home Loan Program. A lot of states are already included but we are currently working to get Richardson County. in Nebraska in the service area as it is already in the tribal service area but not included in HUDS service area.

Currently the following states are eligible;

Alaska, Arizona, California, Colorado, Florida, Idaho, Indiana, Kansas, Michigan, Minnesota, Maryland, Maine, Montana, North Dakota, New Mexico, Nevada, North Carolina, Oklahoma, Oregon, South Carolina, South Dakota.

States that have selected counties already approved are;

Alabama, Connecticut, Iowa, Illinois, Louisiana, Mississippi, Missouri, Nebraska, Texas, Utah, Wyoming.

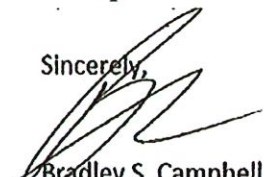
Any state that is not listed is not eligible for this program. Under this program, the Federal Government guarantees these loans 100%. Any purchase under \$50,000 requires 1.25% down, over \$50,000 requires 2.25% down and currently the interest rates are 3.45% but are subject to change.

One loan has already been completed through the Housing Authority and another has been pre-approved. This program does not have any income limits, nor any stipulations on how long you live in it. Everything is done through the lender that we are working with.

The Down Payment Assistance Program that we currently have in place, can still be used as long as you qualify and you do have to still purchase in the Tribal Service area for this and you will be subject to the stipulations as spelled out in the Policies and procedures for the program.

We are hoping to get the approval for what we are working on soon. We will keep you updated. If you have any questions, please feel free to call me at 7855953380 anytime.

Sincerely,



Bradley S. Campbell
Executive Director

Free Tax Preparation Volunteer Income Tax Assistance (VITA)

Dear Tribal Members,

I hope this newsletter finds all of you in good health and general wellbeing. I have been researching a lot of financial education programs/asset management and am still researching. I feel that if our members have strong financial and asset management skills that those will help our tribe become more self sufficient and aware. One program that I have been able to bring to the tribe is the Volunteer Income Tax Assistance (VITA) program which helps low to moderate income families have their taxes prepared and e-filed free of charge. This program couples with the Tax Counseling for the Elderly (TCE) which is not based on income but is designed to help our older Americans have their taxes prepared for free as well. This, I hope, is just the beginning and am anxious to see what else there is out there that could be beneficial to our tribal members.

Getting everything set up, filled out, and implemented was my main focus in 2011. This program is with the Internal Revenue Service and I have a relationship manager that keeps in contact with me on a weekly basis. I had to apply for an Electronic Filing Identification Number (EFIN), a Site Identification Number (SIDN), complete training and testing at various levels, and recruit volunteers. We opened our site on February 16, 2012 and it will be open on Thursdays and Saturdays until April 15, 2012. We started out slow this year and I was a little disappointed but it has been a good pace to get implemented and familiar with the program and learn the software. This was also the learning year and we have been making a lot of notes on what to do differently or implement for next year. The VITA site is for individuals or families whose income is \$50,000 or less which correlates with the eligibility requirements to qualify for the Earned Income Tax Credit (EITC). I would also like to take this time to thank my volunteers that I recruited they are: Linda Waggoner, Alisha Hoppe, Linda Rhodd, Tamela Roberts, and Maxine Kent and Thank You for your time and efforts.

I welcome any Tribal Members who would like to schedule an appointment to review financials. Please feel free to contact me at the Tribal Office.

Rachel E.W. Kent

Iowa Tribe Executive Treasurer

CHR NEWS

Hello Everyone,

What wonderful weather, time to start thinking about what we want to plant in our gardens. I see alot of flowers coming up already.

I am trying my best to get everyone taken care of but sometimes I have an unexpected call that I must tend to. I have had days that I forgot to do something job related and I do apologize for that.

I am asking a small favor of everyone that depends on a ride from me, if you need an appointment made I ask that you either call me in advance to see what days I have open or have me make the appointment. I have been rescheduling alot of appointments or I have been having 2-3 transports per day.

If for any reason you need to get ahold of me feel free to call my office @ 1785-595-3285 or my cell phone @ 1-402-801-0362 if for some reason I do not answer please leave a message and I will call you back as soon as I can. If you call my cell phone and get no answer if I am with a patient I will not answer but I will call you back as soon as I can.

Thanks and have a wonderful summer

Mealsite

I would like to say hello to all the Iowa Tribal Members. My name is Tamela Roberts. I take care of the meal site, and prepare meals for the elders.

During the spring and summer months we have a cookout once a month. Right now we are having a drawing on the last Monday of the month for prizes. To qualify all the seniors have to do is come in to eat at the center. They are given a ticket to sign that will go into a jar and two names are drawn and you must be present to win.

Maxine Kent delivers our meals she delivers an average of 30 meals per day. She also does small chores such as putting trash out and sometimes delivers medications to elders.

We want to remind you that you must get 35 meals at the center to qualify for our end of the summer trip. Last year we had a Indian Taco sale to pay for our outing. We went to the Prairie Band Casino. Perhaps we can go somewhere different this year.

Maxine and I enjoy having the seniors come in to eat. So come in for good company and a home cooked meal. Hope to see you all soon.

Tammy Roberts, Iowa Tribe Mealsite

February 8, 2012

Coreena Adkins, Vice Chair and Rachel Kent, Treasurer of the Iowa Tribe of Kansas and Nebraska attended the 1st annual Native American Day at the state capitol. This day will help as a reminder of the relationship between the state and its tribal communities, and strengthen our government to government relationships. Each of the Four Tribes of Kansas and the Kaw Nation, was presented with a certificate and a traditional native american blanket for appreciation of the work they do for the tribes.

At The



2012 CHIEF WHITE CLOUD RODEO 25TH ANNIVERSARY

Grand River Rodeo Company

Friday June 29th & Saturday June 30th

Grand Entry - 7:30 pm

Featuring Tuff N Nuff

Miniature Rodeo Association - Mini Bull

Riding @ 7:00 pm

Fireworks immediately after rodeo on June 30, 2012

Muttin Bustin & Wild Cow Ride



Patt Scherer,

While living in Frederick, MD in 2005, I was thrilled to learn that the annual meeting of the American Association of Indian Physicians was planning to meet east of the Mississippi for the first time in the history of their organization. I attended the meeting, held in Washington, DC, and was surprised to meet two other women physicians who were also members of the Iowa Tribe of Kansas and Nebraska. I only recently "discovered" this photo, which was taken at that time. As my father, Charles DuPuis was in the Army during my childhood, I had limited time on the reservation, but grew up listening to his stories. When I met these other physicians, I knew by their surnames that our elders had known each other because of his family stories.



From left to right, Patt DuPuis Scherer, Mary Roubidoux, & Dee Ann Deoin

Iowa Tribal Dictionary Project

The Iowa Tribe of Kansas and Nebraska is pleased to announce the completion of the Iowa, Otoe-Missouria Dictionary Project and the online publication of the *Ioway, Otoe-Missouria Dictionary: Báxoje, Jiwére-Ñút'achi Ich'é Wawágaxe*. The project, which involved five years of work, was supported by a grant to the Tribe from the National Science Foundation's Documenting Endangered Languages program. The project's Principal Investigator was Jimm Goodtracks, and the dictionary digitizes and expands his earlier Ioway, Otoe-Missouria lexicon (word list) of 1992.

The *Ioway, Otoe-Missouria Dictionary* is a comprehensive and encyclopedic reference work. It is comprehensive because all known words are included. Some words—such as *chegábahñe m'grí'í*, “churn butter,” or *xámi gístáye*, “scythe, sickle”—are marked “old” to show that they refer to activities or objects that are no longer a regular part of Ioway or Otoe-Missouria life. Since the dictionary is comprehensive, it will provide something of interest to everyone, whether they want to learn about clan names, traditional plant medicines, or other topics related to the Tribe's cultural inheritance.

The dictionary is encyclopedic because it includes educational historical and cultural information for words that may be unfamiliar to modern readers. For example, the dictionary explains terms related to the sacred bundle system and describes the difference between the two main genres of Ioway and Otoe-Missouria narratives: *wéka*, traditional stories of a sacred character, and *wórage*, stories based on personal or historical events.

The dictionary allows readers to understand how previous generations viewed the world around them. For example, the words for “tea,” *xáme mǎ'ka*, and “coffee,” *mǎ'kathèwe*, both contain the word *mǎ'ka*, which means “medicine.” This shows that Ioways and Otoe-Missourias used tea and coffee as medicines when they first encountered them. Only later did they learn the habit of drinking tea and coffee every day.

While the dictionary records much from the past, it is also designed to show how Ioway, Otoe-Missouria language can be used in the present and future. One of the unique features of Ioway, Otoe-Missouria language compared to English is that words are made up of smaller but meaningful parts. As readers become more familiar with the language, they will be able to see how these parts are used to compose words. Just as previous generations made words for everything from tea and coffee to telephone (*ikíkich'e*, literally, “speak to each other”) and television (*wadárugri'we*, literally, “something moves along by lightning and heat”), tribal members today could also create words for computers and other recent technologies based on these principles. Many entries in the dictionary include example sentences that show how the language can be applied to modern situations.

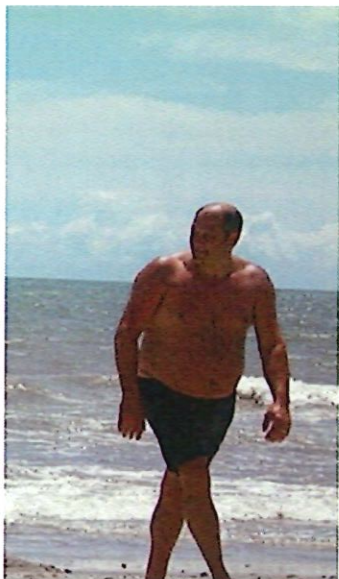
In order to reach a broad audience of tribal members, linguists, and the general public, the dictionary can be viewed online at the websites of the Kansas State Historical Society (<http://www.ksks.org/p/the-ioway-otoe-missouria-baxoje-jiwere-nut-achi-language-project-and-dictionary/16055>) and the Ioway, Otoe-Missouria Language Project (<http://iowayotoelang.nativeweb.org/dictionary.htm>). A dictionary is never finished, however, and the files are constantly being updated and expanded with additional entries, conjugations, and example sentences. Eventually, the dictionary will be published in print with additional material, including a technical grammar sketch for linguists and a pedagogical grammar sketch that explains the language in terms accessible to language-learners.

Take a LOOK at the Harvey
Campbell Wellness Center

Featuring The Brad Campbell Story....

Brad Campbell was 45 pounds heavier when he stepped into the gym just 15 months ago and met with IHS Personal Trainer Crystal Tracy. Crystal put him on a rigorous plan which took persistence and dedication. His grandchildren are his greatest motivation. "I wanted to live", says Brad. He had heart conditions due to being overweight and lacking a nutritious diet. We are proud of Brad for making the decision to take that first step, which is often the hardest one, to improve his body, mind and spirit. Brad has lost a total of 20.5 inches off his body and went from a 32.2 BMI (body mass index) to 23.5 BMI. He is now off most of his medications and feels much more energy. In Brads own words, "I feel like a MILLION bucks!"

THEN



NOW



NEWS FROM IHS

- **Clinic is open from 7:00am - 5:30pm**
Providers available 8:00am - 4:30pm
- **3 Tribes Dental now open and servicing White Cloud IHS patients**
785-486-2113
- **Hours Mon-Thurs 7:00am-6:00pm**
- **Dr. Bryer-Ash (endocrinologist) now coming every 2 months**

Within the past six months IHS has added a Bow Flex revolution, a NuStep, and 7 Life Fitness weight machines to the Wellness Center.

Theresa Elder was hired in September to work at the fitness center and to assist with the Diabetic Prevention Program. She is available 4 days a week from 7:00am to 5:30 pm.

Crystal Tracy, IHS Personal Trainer and Mariah Lewis our Registered Dietician is available by appointment only.

Exercise has many proven benefits, including:

- Disease prevention
- Weight loss
- Lower cholesterol
- Improved sleep
- Lower blood pressure
- Improved mood

White Cloud IHS 785-595-3450
Wellness Center 785-595-3200

RESOLUTION CHALLENGE 2012 WINNERS

1st place

Mike Keller
126 points



2nd place

Deb Ferguson
110 points



3rd place

Brad Campbell
96 points



IHS patients were invited to participate in our challenge which ran from January 3rd - February 27th. For every half hour of exercise they earned one point. Rosella Madera earned a single-serving blender for exercising 52 out of 56 days which was the most days out of everyone. We had 15 participants and served a nutritious lunch at our award ceremony. We are proud of everyone who participated and look forward to more of you joining us.

Dear Tribal Members,

My name is Ruby Jean Whitecloud Rhodd, daughter of Jim & Linda Rhodd. I am the current Ioway Tribal Princess. Currently I am a Junior at Doniphan West High School in Highland Kansas. It is an honor for me to represent the Iowa Tribe at Pow Wows, and other functions. One of my goals is to encourage young people to learn our traditions and not let them be forgotten. As generations pass it will be up to us to continue to make our Tribe strong for all tribal members.

Again, thank you and hope to see you at the Ioway Tribal Pow Wow this fall!

Sincerely,
Ruby Rhodd



Here is your Opportunity to Make a Difference

Military Family Listening Conference

May 4th, 2012 10:00AM-3:00PM

Oklahoma City, OK

We are looking for a select group of military,(active and inactive), family members who are interested in having a "voice" in the community.

On May 4th we are hosting a
Listening Session which will include a panel of community agencies who will
"listen" to the needs of our veterans, (active and inactive military) and family members.
There will be an opportunity to have
questions addressed and to get information about available resources.

Vision

The military family listening conference is designed to identify gaps
in services as it relates to supports for military families and
to provide a greater understanding of available resources.

**If you are interested in being selected as a speaker to address our panel,
please contact:**

Juanita M. Celie, LCSW, BCD

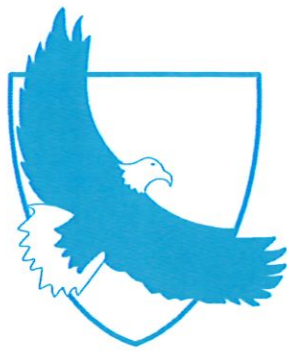
(405) 456-4692

Juanita.Celie@va.gov

Fish

&

Wildlife



To the Iowa Tribal members, the 2011 hunting and fishing season is over. We had a total of 38 Deer taken during the 2011 season, 14 were Does and 24 were Bucks. We also had 45 Turkeys taken during 2011 season. The \$5.00 charge per tribal member is still in effect for 2012 Turkey and Deer tags. All hunters can pick up your Turkey tags from Feb. 1st to the day before the firearms Turkey season starts. The Iowa Tribal Fish & Wildlife board voted to have a Youth Deer & Turkey season in 2012. The Youth Deer season runs from September 8th to September 16th & Youth Turkey season runs from March 24th to April 1st. Youth must be an enrolled Iowa Tribal member or a resident of the Iowa Tribe Reservation, also must be 16 or younger and passed a Hunters Education course and be under direct supervision of an adult 18 or older to hunt youth season. The rules, regulations, and fees are the same as the regular Deer & Turkey. 2012 Archery Deer hunters will be able to receive 2 Deer tags, one tag will be a Either Sex tag and the other tag will be Antlerless Deer only. Also new for 2012 the Muzzleloader Deer tags are now Either Sex.

Here are the hunting dates.

Deer - Archery season; Sept. 17th to Nov. 16th, Nov. 26th to Dec. 31st **Firearm season;** Nov. 17th to Nov. 25th, **Muzzleloader season;** Oct. 13th to Dec. 31st, **Youth Season;** Sept. 8th to Sept. 16th. **Late season;** Jan. 1st to Jan. 8th, **Antlerless Deer only**, any leftover tags good during late season.

Turkey - Archery season; March 1st to Nov. 16th, Nov. 26th to Dec. 31st, **Firearm season;** April 7th to May 31st **Fall season;** Sept. 1st to Oct. 14th **Youth season;** March 24th to April 1st.

Pheasant and Quail season Closed

Dove season; Sept. 1st to Oct. 31st

Duck and Geese season; Federal regulations

Rabbit season; all year

Coyote season; all year except closed Nov. 17th to Nov. 25th

Fox, Raccoon, Mink, Muskrat, Bobcat; Nov. 1st to Jan. 31st 2012 **Beaver;** Nov. 1st to Feb. 15th 2012

Have any questions call Scott Elrod, Chairman Iowa Tribe Fish & Wildlife Commission at 785-595-6669 or E-mail me at selrod@iowatribepd.org



Over \$16,000 in Prize Money

Friday May, 4th
Grand Entry- 7:00pm

Saturday May, 5th
Gourd Dance- 12noon
Grand Entry- 2:00pm



American Indian Arts
& Crafts Vendors

Open to the public
Free Admission

"Our Nations Energies" Health and Wellness Pow wow

Friday, May 4th & Saturday, May 5th, 2012
GYM and Field House
Johnson County Community College
12345 College Blvd., Overland Park, Kansas 66210

FREE health screenings will include cholesterol, diabetes, blood pressure, vision, lung health, and more!

Head Staff

Emcee: Tim Tall Chief -OK	Arena Director: Steve Byington -KS
Head Gourd Dance Singer: Kiowa Cozad -OK	Head Gourd Dancer: Creighton Moore-KS
Head Man Dancer: Buck SpottedTail -SD	Head Lady Dancer: Jesse SpottedTail -SD
Incoming AIHREA Princess: Kellie Pulliam -KS	Incoming AIHREA Brave: Bryson Whiteshirt -KS
Haskell Student Veterans Color Guard -KS	
Outgoing Miss AIHREA Kyla Martinez and Jr Miss AIHREA Alaina Barnes	

Dance Categories

Golden Age 55+

Tiny Tots 0-6

Adult 18-54

Men's	Women's
Northern Traditional	Buckskin
Southern Straight	Cloth
Fancy	Fancy Shawl
Grass	Jingle
Chicken	

Juniors 7-17

Boy's	Girl's
Grass/Fancy	Buckskin/Cloth
Traditional/Straight	Fancy/Jingle

* Must make BOTH grand entries *Registration closes at 7:00 p.m. on Friday night * We reserve the right to combine categories

Drum Contest

Southern & Northern combined 1st Place \$2,500, 2nd Place \$1,500, 3rd Place \$1,000
* Minimum of 5 singers * Registration closed at 7:00 p.m. on Friday night * No drum split

Hand Drum Contest

1 Person & 2 Person

* Registration closes at the beginning of supper break on Saturday * Contest during supper break on Saturday

Bring your own chairs, seating is limited

For pow wow information call AIHREA toll free at 855-552-2424 Ext. 1

AIHREA, Johnson County Community College, the University of Kansas Medical Center, and/or any of the additional co-sponsors are not responsible for any thefts or injuries. No pets, drugs, alcohol, or weapons allowed. No travel aid available.

*This concludes the 2012 First Edition Newsletter
I hope each and everyone of you have enjoyed it and if there
are any comments or suggestions, please feel free to contact*

Tony Fee at

Iowa Tribe of Kansas and Nebraska

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